

The Irish Longitudinal Study on Ageing

Derived Variables Codebook

Wave 2

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This codebook contains information on additional variables included in the TILDA Wave 2 dataset. Notes on how the variable was derived are included where necessary.

A list of the original variables used for derivation are included. Please note that not all original variables are included in released versions of the datasets.

Where possible, details of any original documentation relating to scale scoring or information are included.

For any further enquires on variables not listed here, please refer to the TILDA release guide available on the TILDA website www.tilda.ie.



http://www.tilda.ie

The Irish Longitudinal Study on Ageing

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Classifiers

edu_level

Description: Highest education level completed by the respondent.

- 1. Some primary (not complete)
- 2. Primary or equivalent
- 3. Intermediate/junior/group certificate or equivalent
- 4. Leaving cert or equivalent
- 5. Diploma
- 6. Primary degree
- 7. Postgraduate/higher degree
- 96. None

Variables used:

dm001, dm001a, dm025

SES Section

Socio-economic status variables

All social class and socio-economic group variables are coded as per the CSO's social coding scheme.

The social class categories are as follows:

- 1. Professional Workers
- 2. Managerial and Technical
- 3. Non-manual
- 4. Skilled Manual
- 5. Semi-Skilled
- 6. Unskilled
- -9. Unknown/Refused/Never worked

W2socialclass

Description: Respondent's social class.

Variables used:

we001, we007, we103, we218, we613

For more information on how social class has been determined by the CSO, please refer to http://www.cso.ie/en/media/csoie/census/documents/pser_appendix2.pdf

Financial

Derived variables from financial questions

INCASSassets

Description: Value of gross assets

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCASSnetassets

Description: Value of net assets

Variables used:

as 101, as 118, as 103, as 104, as 106, as 109, as 121, as 120, as 112, as 113, as 116, hw 105, hw 113, hw 109

INCASSassets5

Description: Value of gross assets in quintiles

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCASSnetassets5

Description: Value of net assets in quintiles

Variables used:

as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCtotalhousehold_loop

Description: household income is based on a loop: the respondent is asked to estimate the income of each household member aged 16+, including himself/herself. Total household income is the sum of the income of each household member aged 16+. It is an estimation of NET income = after tax and deductions

Variables used:

si409_i, si412_i

Emp3

Description: Respondent's employment status.

Variables used:

we001

Functional Limitations

Activities of Daily Living

ADL_num

Description: Indicator variable for number of ADLs.

Notes: This variable is not comparable with TILDA Wave 1.

ADLs included:

• Dressing

- Walking across a room
- Bathing or showering
- Eating, such as cutting up your food
- Getting in our out of bed
- Using the toilet, including getting up or down

0 = None

1 = Single ADL

2 = Multiple ADLs (2+)

Variables used:

fl002_01 - fl002_06

IADL_num

Description: Indicator variable for number of IADLs.

IADLs included:

- Preparing a hot meal
- Doing household chores
- Shopping for groceries
- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

0 = None

1 = Single IADL

2 = Multiple IADLs (2+)

Variables used:

fl025_01 - fl025_06

ADL_reported

Description: Indicator variable for respondents who have reported any ADL.

Notes: This variable is not comparable with TILDA Wave 1.

Response options:

0 = No

1 = Yes

Variables used:

ADL	hel ،	lper

Description: Indicator variable for respondents report having help for their ADL(s).

Notes: This variable is not comparable with TILDA Wave 1.

Response options:

```
0 = No
```

1 = Yes

Variables used:

f1005, f1008, f1011, f1013, f1016, f1019

${\bf IADL_reported}$

Description: Indicator variable for respondents who have reported any IADLs.

Response options:

0 = No

1 = Yes

Variables used:

f1025_01 - f1025_06

IADL_helper

Description: Indicator variable for respondents report having help for their IADL(s).

Response options:

0 = No

1 = Yes

Variables used:

fl026, fl029, fl030, fl031

adla

Description: Reports number of ADLs from list of 5.

ADLs included:

- Difficulty bathing or showering
- Dressing
- Eating, such as cutting up your food
- Getting in or out of bed
- Walking across a room.

0 = None

1 = Single ADL

2 = 2-3 ADLs

4 = 4 + ADLs

Variables used:

f1002_01 - f1002_05

adlwa

Description: Number of Wallace and Herzog proposed ADLs: 0-3.

ADLs included:

- Difficulty bathing or showering
- Dressing
- Eating, such as cutting up your food

0 = None

1 = Single ADL

2 = 2-3 ADLs

4 = 4 + ADLs

Notes:

Refer to Wallace, R. B., & Herzog, A. R. (1995). Overview of the health measures in the Health and Retirement Study. The Journal of Human Resources XXX (Suppl.), S84-S107 for more details on the Wallace and Herzog proposed ADL scale.

Variables used:

f1002_01, f1002_03, f1002_04

<u>iadla</u>

Description: Reports number of IADLs from list of 3.

IADLs included:

- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:

fl025_04 - fl025_06

iadlza

Description: Reports number of IADLs from list of 5.

IADLs included:

- Preparing a hot meal
- Shopping for groceries
- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:

fl025_01, fl025_03, fl025_04, fl025_05, fl025_06

mobilb

Description: ADL & IADL mobility index: 0-4.

Limitations included:

- Walking 100 meters (100 yards)
- Walking across a room
- Climbing several flights of stairs
- Climbing one flight of stairs without resting

Variables used:

f1001_01, f1001_05, f1001_06, f1002_02

<u>lgmusa</u>

Description: ADL & IADL large muscle index: 0-4.

Limitations included:

- Sitting for about two hours
- Getting up from a chair after sitting for long periods
- Stooping, kneeling or crouching
- Pulling or pushing large objects like a living room chair

Variables used:

f1001_03, f1001_04, f1001_07, f1001_09

grossa

Description: ADL & IADL gross motor index: 0-5.

Limitations included:

- Walking 100 meters
- Walking across a room
- Climbing one flight of stairs without resting for long periods
- Getting in or out of bed
- Bathing or showering

Variables used:

f1001_01, f1001_06, f1002_02, f1002_05, f1002_03

finea

Description: ADL & IADL fine motor: 0-3.

Limitations included:

- Picking up a small coin from a table
- Eating, such as cutting up your food
- Dressing

Variables used:

f1001_11, f1002_01, f1002_04

DISimpairements

Description: Number of physical limitations

Variables used:

 $f1001_01 - f1001_11$

DISadl

Description: Number of ADL impairments

Variables Used:

f1002_01 - f1002_06

DISiadl

Description: Number of ADL impairments

Variables Used:

fl025_01 - fl025_06

DISdisab3

Description: Indicator variable for respondents with ADL or IADL disabilities

Variables Used:

 $f1001_01 - f1001_11, f1002_01 - f1002_06, f1025_01 - f1025_06$

DISdisab4

Description: Indicator variable for whether the respondent has either only an ADL, an IADL or both and IADL and ADL disability.

Response options:

0 = Not disabled

1 = IADL disability only

2 = ADL disability only

3 = IADL and ADL disability

Variables used:

DISiadl, DISadl

DISlongterm

Description: Indicator for respondents with long term illness

Response Options

1 = No longer term illness

2 = Long term illness

3 = Limiting long term illness

Variables Used:
ph003
DISvision Description: Respondent's self-rated vision
Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor
Variables Used:
ph102
DIShearing Description: Respondent's self-rated hearing
Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor
Variables Used:
ph108
DISconverse1 Description: Difficulty following a conversation with 1 person

Response Options

1 = None

2 = Some
3 = Much/Impossible
Variables Used:
ph109
DISconverse4 Description: Difficulty following a conversation with 4 people
Response Options
1 = None
2 = Some
3 = Much/Impossible
Variables Used:
ph110
DICtoata
DIStaste Description: Respondent's self-rated sense of taste.
Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor or Registered Blind
Variables Used:
ph113
DISsmell Description: Perpendent's self-reted sense of small
Description: Respondent's self-rated sense of smell.
Response Options: 1 = Excellent
2 = Very Good
2 - YOLY OOU

3 = Good

4 = Fair

5 = Poor or Registered Blind

Variables Used:

ph112

DIShelpwithadliadl

Description: Whether participant receives any help with an ADL or IADL.

Notes: Don't know/Refused set to missing.

0 = Does not receive help with an ADL or IADL

1 = Receives help with ADL or IADL

Variables used:

fl005 fl008 fl011 fl013 fl016 fl019 fl026 fl029 fl030 fl031

Health

Physical and Mental Health

SR_Height_Centimetres

Description: derived score of total height in centimetres.

Variables used:

Ph722, ph723, ph724

SR_Weight_Kilogrammes

Description: derived score of total weight in kilogrammes.

Variables used:

Ph719, ph720, ph721

COGimmediatedrecall1

Description: Results of the first immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:

ph117, ph119

COGimmediatedrecall2

Description: Results of the second immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:

ph118, ph120

COGdelayedrecall

Description: Score for delayed recall test

Variables used:

ph712

COGmmse

Description: Total scoring of the Mini Mental State Examination.

Notes: The MMSE was only asked in the health assessment in Wave 1 of TILDA. It is included in the CAPI for Wave 2 and 3.

The total MMSE score was calculated by summing the item scores across all 11 tasks, taking the higher score of either the WORLD or Serial 7's (maximum 30 points).

For full details on the Mini-mental state examination, please refer to http://www.ncbi.nlm.nih.gov/pubmed/1202204

A full comprehensive explanation of the MMSE scoring and tasks are included in the **TILDA Release Notes**.

Variables used

ph121, ph122, ph123, ph124, ph126, ph127, ph128, ph129, ph130, ph131, ph132, ph133, ph134, ph135, ph136, ph13, ph138, ph139, ph140,

COGanimal_naming

Description: Number of animals named in one minute

Note: Respondents are asked to name as many animals as they can in 1 minute

Variables used: ph125

COGprosmem1

Description: Result of prospective memory test 1 – record time

Response Options

0 = fail

1 = pass

Variables used:

Ph715

COGprosmem2

Description: Result of prospective memory test 2 – write initials

Response Options

0 = fail

1 = pass

Variables used: ph419 MHcesd_capi Description: Overall result of the CES-D scale. Notes: CES-D is set as missing if any scale question has a missing response. Response options for scale questions (mh001-mh020): 1 =Rarely or none of the time (less than 1 day) 2 =Some or a little of the time (1-2 days) 3 = Occasionally or a moderate amount of time (3–4 days) 4 = All of the time (5-7 days)Scoring is as follows – mh001, mh002, mh003, mh005, mh006, mh007, mh009, mh010, mh011, mh013, mh014, mh015, mh017, mh018, mh019, mh020: The scale adds the value of the participant's response minus 1. E.G. For response "Some of a little of the time", a 1 would be added to the scale result (2 - 1 = 1). mh004, mh008, mh012, mh016: The scale adds 4 minus the value of the participant's response E.G. For response "Some or a little of the time", a 2 would be added to the scale result (4-2=2)Variables used:

mh001 - mh020

Further information:

Radloff LS. The CES-D scale: a self-report depression scale for research in the general population. Applied PsycholCESogical Measurement. 1977;1:385-401.

MHcasp19_total

Description: Overall result including all domains of the CASP-19 scale.

Notes: SCQ only. CASP scale is set as missing if any question has a missing response.

Response Options:

1 = Often

2 = Not often

3 = Sometimes

4 = Never

Scoring is as follows -

SCQCASP1, 2, 4, 6, 8 and 9 are reverse scored.

SCQCASP1, SCQCASP2, SCQCASP4, SCQCASP6, SCQCASP8, SCQCASP9:

The scale adds the value of the participant's response minus 1.

E.G. For question SCQCASP1, with the response "Not Often", a 1 would be added to the scale result (2-1=1).

SCQCASP3, SCQCASP5, SCQCASP7, SCQCASP10, SCQCASP11, SCQCASP12, SCQCASP13, SCQCASP14, SCQCASP15, SCQCASP16, SCQCASP17, SCQCASP18, SCQCASP19:

The scale adds 4 minus the value of the participant's response

E.G. For question SCQCASP3, with the response "Not often", a 2 would be added to the scale result (4-2=2)

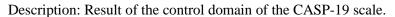
Variables used:

SCQCASP1 – SCQCASP19

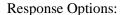
Further information:

M. Hyde , R. D. Wiggins , P. Higgs & D. B. Blane (2003) A measure of quality of life in early old age: The theory, development and properties of a needs satisfaction model (CASP-19), Aging & Mental Health, 7:3, 186-194

MHcasp19_control



Notes: SCQ only



- 1 = Often
- 2 = Not often
- 3 = Sometimes
- 4 = Never

The control domain includes the CASP1 – CASP4 items.

SCQCASP1, 2 and 4, are reverse scored.

Variables used:

SCQCASP1 - SCQCASP4

For more details on scoring, please refer to MHcasp19_total

MHcasp19_autonomy

Description: Result of the autonomy domain of the CASP-19 scale.

Notes: SCQ only

Response Options:

- 1 = Often
- 2 = Not often
- 3 = Sometimes
- 4 = Never

The control domain includes the CASP5 – CASP9 items.

SCQCASP6, 8 and 9, are reverse scored.

Variables used:

SCQCASP5 - SCQCASP9

For more details on scoring, please refer to MHcasp19_total

MHcasp19_pleasure Description: Result of the pleasure domain of the CASP-19 scale. Notes: SCQ only **Response Options:** 1 = Often2 = Not often3 = Sometimes4 = NeverThe control domain includes the CASP10 – CASP14 items. Variables used: SCQCASP10 – SCQCASP14 For more details on scoring, please refer to MHcasp19_total MHcasp19_selfreal Description: Result of the self-realisation domain of the CASP-19 scale. Notes: SCQ only Response Options: 1 = Often2 = Not often3 = Sometimes

The control domain includes the CASP15 – CASP19 items.

Variables used:

4 = Never

SCQCASP15 – SCQCASP19

For more details on scoring, please refer to MHcasp19_total

MHpennworry

Description: Overall result of the Penn State Worry scale.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:

- 1 = Not at all typical
- 2 = In between
- 3 =Somewhat typical
- 4 = In between
- 5 = Very typical

Scoring:

The scale score is the result of all items added together. Each item is worth the value of their response option number.

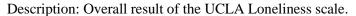
Variables used:

SCQWORRY1-SCQWORRY8

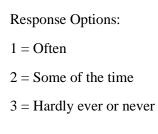
Further information:

Meyer, T. J., Miller, M. L., Metzger, R. L., & Borkovec, T. D. (1990). Development and validation of the Penn State Worry Questionnaire. Behav Res Ther, 28(6), 487-495.

MHucla_loneliness



Notes: SCQ only. Result is set to missing if any scale items have a missing response.



Scoring:

Scoring is as follows –

SCQLoneLns1, 2, 3, 5:

The scale adds 3 minus the value of the participant's response.

E.G. For response "Often", a 2 would be added to the scale result (3 - 1 = 2).

SCQLoneLns4:

The scale adds value of the participant's response minus 1

E.G. For response "Some of the time", a 1 would be added to the scale result (2-1=1)

Variables used:

SCQLonelns1 - SCQLonelns5

Further information:

Russell, D. W. (1996). UCLA Loneliness Scale (Version 3): reliability, validity, and factor structure. J Pers Assess, 66(1), 20-40.

MHcapi_loneliness

Description: Frequency of loneliness taken from the CAPI questionnaire.

Notes: Don't know/Refused set to missing. Cloned variable of mh014.

1 = Rare of never

2 =Some of the time

3 = Moderate amount of the time

4 = All of the time

Variables used:

mh014

MHhadsa_capi

Description: Overall result of the HADs anxiety scale.

Notes: HADs scale is set as missing if any question has missing response.

Scoring is as follows -

mh204, mh205:

The scale adds the value of the participant's response minus 1.

E.G. For question mh204, with the response "Usually", a 1 would be added to the scale result (2 - 1 = 1).

mh201, mh202, mh203, mh206, mh207:

The scale adds 4 minus the value of the participant's response

E.G. For question mh201, with the response "A lot of the time", a 2 would be added to the scale result (4-2=2)

Variables used:

mh201 - mh207

Further information:

Zigmond, AS; Snaith, RP (1983). "The hospital anxiety and depression scale". *Acta Psychiatrica Scandinavica* 67 (6): 361–370

mmsescr_capi

Description: Total scoring of the Mini Mental State Examination.

Notes: The MMSE was only asked in the health assessment in Wave 1 of TILDA. It is included in the CAPI for Wave 2.

The total MMSE score was calculated by summing the item scores across all 11 tasks, taking the higher score of either the WORLD or Serial 7's (maximum 30 points).

For full details on the Mini-mental state examination, please refer to http://www.ncbi.nlm.nih.gov/pubmed/1202204

A full comprehensive explanation of the MMSE scoring and tasks are included in the **TILDA Release Notes**.

Variables used:

ph121, ph126, ph122, ph123, ph127, ph128, ph129, ph130, ph131, ph132, ph133, ph134, ph135, ph136, ph137, ph138, ph139, ph140, ph141, ph146

MHcidi_anxiety

Description: Indicates whether respondent fulfils the DSM criteria for general anxiety disorder based on an episode lasting 6 months or longer.

Notes: Uses the Composite International Diagnostic Interview – Short Form (CIDI).

For more information on the CIDI please refer to http://onlinelibrary.wiley.com/doi/10.1002/mpr.47/epdf

DSM-IV criteria code: 300.02 - Generalized anxiety disorder

Criteria is met if participant has had -

Period of worry lasting at least 5 months (mh301, mh302, mh304m, mh304y, mh305m, mh305y, mh304, mh305)

Severe worry (mh306, mh307, mh308, mh310)

Difficult to control worry (mh309, mh311, mh312)

Additional miscellaneous anxiety symptoms (mh314 – mh320)

Response options:

0 = No

1 = Yes

Variables used:

mh301, mh302, mh304m, mh304y, mh305m, mh305y, mh304, mh305, mh306, mh307, mh308, mh309, mh310, mh311, mh312, mh314, mh315, mh316, mh317, mh318, mh319, mh320

MHcidi_depression

Description: Indicates whether respondent has had a major depressive episode in the past 12 months.

Notes: Uses the Composite International Diagnostic Interview – Short Form (CIDI).

For more information on the CIDI please refer to http://onlinelibrary.wiley.com/doi/10.1002/mpr.47/epdf

DSM-IV criteria code: 300.4 Dysthymic disorder

There are two cases where participants are categorised as having a major depressive episode.

Participants who meet the criteria; has felt depressed or lost interest in most activities at least almost every day for at least most of the day in the past 12 months (mh101, mh102, mh103) are asked a number of additional depression symptoms (mh104, mh105, mh108, mh110, mh112, mh113). Those who meet the initial criteria and at have 3 or more of the additional symptoms are coded as having had a major depressive episode.

Participants who meet the criteria; lost interest in most activities almost every day at least most of the day for two weeks or more in a row in the past 12 months (mh120, mh121, mh122) are asked a number of additional depression related symptoms (mh123, mh126, mh128, mh129, mh130, mh131). Those who meet the initial criteria and at have 3 or more of the additional symptoms are coded as having had a major depressive episode.

Response options:	
0 = No	

Variables used:

1 = Yes

mh101, h102, mh103, mh120, mh121, mh122, mh104, mh105, mh108, mh110, mh112, mh113, mh123, mh126, mh128, mh129, mh130, mh131

hu009 yn

Description: Indicator variable for whether respondent has had a substantial procedure or test during an out-patient visit

Notes: Only asked of respondents who have indicated that they have had an out-patient visit in the last year.

Response options: 0 = No

1 = Yes

Variables used: hu009
PSSscore
Description: Overall result including all domains of the Perceived Stress Scale (4items) 4-item. Scores range from 0 to 16, higher score indicates greater stress.
Notes: SCQ only. CASP scale is set as missing if any question has a missing response.
Response Options:
1 = Hardly ever
2 = Almost never
3 = Sometimes
4 = Fairly often
5 = Very often
Scoring is as follows –
SCQPPS2, 3 are reverse scored.
Variables used:
SCQPPS1, SCQPPS2, SCQPPS3, SCQPPS4
SCQFFS1, SCQFFS2, SCQFFS4
Further information:
Cohen, S., Kamarck, T., & Mermelstein, R. (1983). A global measure of perceived stress. Journal of
Health and Social Behavior, 24, 385-396.
CHRany_pain Description: Indicates whether participant has any chronic pain
Note: includes proxy respondents
Response options:
0 = No pain
1 = Pain

Variables used:
Ph501
CHRpain_severity Description: Indicates how severe participant's chronic pain is
Note: includes proxy respondents
Response options:
1 = Mild
2 = Moderate
3 = Severe
4 = Unknown
Variables used:
Ph502
CHRpainlinits Description: Indicates whether the participants chronic pain limits their activities
Note: Excludes proxy respondents
Response options:
0 = No
1 = Yes
Variables used:
Ph504

CHRany_incontinence

Description: Indicates whether participant has had any urinary incontinence in last 12 months

Note: includes proxy respondents

Response options:
0 = No
1 = Yes
Variables used:
Ph601
CHRincontinence_freq Description: Indicates the frequency of incidents of urinary incontinence
Note: includes proxy respondents
Response options:
0 = No incontinence
1 = Less than or equal to once a month
2 = More than once in a month
3 = Unknown
Variables used:
Ph602
CHRincontinencelimits Description: Indicates whether urinary incontinence limits the participants activities
Note: includes proxy respondents
Response options:
0=No
1= Yes
Variables used:
Ph604

MDmeds

Description: Number of reported medications (including supplements)

Variables used:

md001medcode_1 - md001medcode_20

 $md001medname_1 - md001medname_20$

MDmeds4

Description: Number of reported medications (including supplements)

Variables used:

md001medcode_1 - md001medcode_20

 $md001medname_1 - md001medname_20$

MDmeds_excl_supps

Description: Number of regular medications (excluding supplements)

Variables used:

 $md001medcode_1 - md001medcode_20$

 $md001medname_1 - md001medname_20$

MDmeds4_excl_supps

Description: Number of regular medications (excluding supplements)

Variables used:

md001medcode_1 - md001medcode_20

 $md001medname_1 - md001medname_20$

MDsupplements

Description: Number of reported supplements

Variables used:

 $md001medcode_1 - md001medcode_20$

```
md001medname\_1 - md001medname\_20
```

MDpolypharmacy

Description: Indicator variable for respondents who report more than five medications.

Response options:

```
0 = No
```

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20
```

 $md001medname_1 - md001medname_20$

MDpoly_excl_supps

Description: Indicator variable for respondents who report more than five medications (excluding supplements)

Response options:

0 = No

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20
```

 $md001medname_1 - md001medname_20$

MDpoly_extreme

Description: Indicator variable for respondents who report more than ten medications (including supplements)

Response options:

```
0 = No
```

1 = Yes

Variables used:

```
md001medcode_1 - md001medcode_20
```

 $md001medname_1 - md001medname_20$

MDpoly_extreme_ex_supps

 $md001medname_1-md001medname_20$

Description: Indicator variable for respondents who report more than ten medications (excluding supplements)

Response options: 0 = No1 = YesVariables used: $md001medcode_1 - md001medcode_20$ $md001medname_1 - md001medname_20$ **MD**antidepressant Description: Indicator variable for respondents who report at least one anti-depressant Response options: 0 = No1 = YesVariables used: md001medcode_1 - md001medcode_20 $md001medname_1 - md001medname_20$ **MDantihypertensives** Description: Indicator variable for respondents who report at least one anti-hypertensive Response options: 0 = No1 = YesVariables used: $md001medcode_1 - md001medcode_20$

MDantihypertensives2

Description: Indicator variable for respondents who report at least one anti-hypertensive

Response options:

0 = No

1 = Yes

Variables used:

 $md001medcode_1 - md001medcode_20$

 $md001medname_1 - md001medname_20$

MDbenzodiazepine

Description: Indicator of respondents who take benzodiazepines

ATC codes: N05BA N05CD N03AE

0 = No

1 = Yes

Variables used:

md001a_1 - md001a_20

 $md001b_1 - md001b_20$

MDzed

Description: Indicator of respondents who take Z-drugs

ATC codes: N05CF

0 = No

1 = Yes

Variables used:

md001a_1 - md001a_20

 $md001b_1 - md001b_20$

MDanticholinergic

Description: Indicator of respondents who take anticholinergic medications. Calculated using the ACB scale, only includes medicines with ACB score of 3.

ATC codes: A03AA07 A03AB05 A03BA01 A03BA03 A03BB01 G04BD02 G04BD04 G04BD05 G04BD06 G04BD07 G04BD08 G04BD09 G04BD10 G04BD11 M03BA03 M03BC01 N04AA01 N04AA02 N04AA04 N04AB02 N04AC01 N05AA01 N05AA03 N05AB03 N05AB06 N05AC02 N05AH03 N05AH04 N05BB01 N05CM05 N06AA N06AB05 R06AA02 R06AA04 R06AA08 R06AA09 R06AA52 R06AB01 R06AB04 R06AD02 R06AE05

Also includes N02BE51 if drugname is UNIFLU

```
0 = No

1 = Yes

Variables used:

md001a_1 - md001a_20

md001b_1 - md001b_20
```

MDanticholinergic_antidepressant

Description: Indicator of respondents who take anticholinergic antidepressant medications. Calculated using the ACB scale, only includes medicines with ACB score of 3.

```
ATC codes: N06AA N06AB05
```

0 = No

1 = Yes

Variables used:

```
md001a_1 - md001a_20
```

 $md001b_1 - md001b_20$

MDanticholinergic_urological

Description: Indicator of respondents who take anticholinergic urological medications. Calculated using the ACB scale, only includes medicines with ACB score of 3.

ATC codes: G04BD02 G04BD04 G04BD05 G04BD06 G04BD07 G04BD08 G04BD09 G04BD10 G04BD

```
110 = N_0
```

1 = Yes

Variables used:

```
md001a_1 - md001a_20
```

 $md001b_1 - md001b_20$

MDace_bbb Description:Indicator of respondents who take a BBB crossing ACE inhibitor Response options: 0 = No1 = YesVariables used: MDmeds, MDatc1-DMatc20 MDace_nonbbb Description:Indicator of respondents who take a non-BBB crossing ACE inhibitor Response options: 0 = No1 = YesVariables used: MDmeds, MDatc1-DMatc20 MDarb_bbb Description:Indicator of respondents who take a BBB crossing ARB Response options:

0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

$\label{eq:main_monbbb} \begin{aligned} & \textbf{MDarb_nonbbb} \\ & \textbf{Description:} \textbf{Indicator of respondents who take a non-BBB crossing ARB} \\ & \textbf{Response options:} \\ & 0 = \textbf{No} \\ & 1 = \textbf{Yes} \end{aligned}$

Variables used:

MDmeds, MDatc1-DMatc20

$MDarb_undbbb$

Description:Indicator of respondents who take an undetermined ARB

Response options:

0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

MDccb_bbb

Description:Indicator of respondents who take a BBB crossing Calcium channel blocker

Response options:

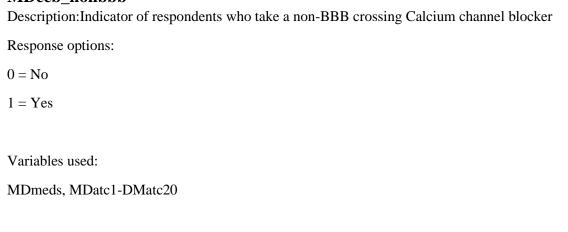
0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

$MDccb_nonbbb$



MDantihypertensivesC08CEG

Description:Indicator of respondents who take an antihypertensive from ATC C08C, C08E, or C0

MDppi

Description: Taking any Proton pump inhibitor

Response options:

0 = No

1 = Yes

Variables used:

MDmeds, MDatc1-DMatc20

MDhypoglyc

Description: Taking any Blood glucose lowering drug, excl. insulins

Notes: derived variables for the consortium for prediction model of drug-related falls Response options: $0 = No \\ 1 = Yes$

Variables used:

MDatc1-DMatc20

MDinsulin

Description: Taking any Insulins and analogues

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDglycosides

Description: Taking any Cardiac glycosides

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

Mdantiarrhythmics

Description: Taking any Antiarrhythmics, class I and III

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDvasodil

Description: Taking any Vasodilators used in cardiac diseases

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantiadren

Description: Taking any Antiadrenergic agents, antihypertensives

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDdiur

Description: Taking any Diuretic use

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

$MDlc_diur$

Description: Taking any Low-ceiling diuretics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDhc_diur

Description: Taking any High-ceiling diuretics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDnons betab

Description: Taking any Non-selective beta-blocker use

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDs_betab

Description: Taking any Selective beta blocker use

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDccb

Description: Taking any Calcium channel blockers

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDace

Description: Taking any ACE inhibitors

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDarb

Description: Taking any Angiotensin II Antagonist

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDstatin

Description: Taking any Statins

Notes: derived variables for the consortium for prediction model of drug-related falls

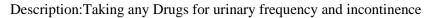
Response options:

0 = No

1 = Yes

Variables used:

MDincont



Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDalpha_bph

Description: Taking any Alpha-adrenoreceptor antagonist used in benign prostatic hypertrophy

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDnsaid

Description: Taking any NSAID

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDopioid

Description: Taking any Opioids

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantiepileptic

Description: Taking any Antiepileptics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDantipark

Description: Taking any Anti-parkinson drugs

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDantipsych

Description: Taking any Antipsychotics

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDnons_mari

Description: Taking any Non-selective monoamine reuptake inhibitors

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

MDatc1-DMatc20

MDssri

Description: Taking any SSRIs

Notes: derived variables for the consortium for prediction model of drug-related falls

Response options:

0 = No

1 = Yes

Variables used:

hu001

MDotherantidepDescription: Taking any Other Antidepressant

Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes
Variables used:
MDatc1-DMatc20
MDantihist Description: Taking any Antihistamines
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes
Variables used:
MDatc1-DMatc20
medcard Description: Indicates whether respondent has a medical card.
Response options:
0 = No
1 = Yes
Variables used:

health_ins

Description: Indicates whether respondent has health insurance.

Response options:

0 = No

1 = Yes

Variables used:

hu002

ph726_08_to_11

Description: Indicates whether respondent's family has had any history of cancer.

Notes: Family includes primary or first-degree relatives.

Cancers included:

Breast cancer

Ovarian cancer

Prostate cancer

Colon Cancer

Response options:

0 = No

1 = Yes

Variables used:

ph726_08, ph726_09, ph726_10, ph726_11

smokcurr

Description: Indicates whether respondent is a current smoker or not

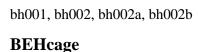
Notes: Include all respondents who smoked in the past three months. Those who responded no in previous interviews are asked again and included if they now smoke.

Response options:

0 = No

1 = Yes

Variables used:



Description: CAGE alcohol scale score

Variables Used:

SCQCAGE1, SCQCAGE2, SCQCAGE3, SCQCAGE4

BEHcage2

Description: Indicator variable for respondents with an alcohol problem

Response options:

0 = No

1 = Yes

Variables Used:

SCQCAGE1, SCQCAGE2, SCQCAGE3, SCQCAGE4

ICD Codes

Incident cases of new diseases in Wave 2

TILDA Wave 2 uses the WHO International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10) to code incident cases of new conditions.

These variables apply only to new cases of conditions from Wave 1 to Wave 2. Any respondent with a condition is grouped into their relevant ICD code.

For more information on these and a full breakdown of all conditions included, please refer to http://www.who.int/classifications/icd/en/

ICD10_01

Description: Certain infectious and parasitic diseases

Response options:

0 = No

1 = Yes

Variables used:

ICD10_02

Description: Neoplasms

Response options:

0 = No

1 = Yes

Variables used:

ph301_05

Description: Diseases of the blood Response options: 0 = No1 = YesVariables used: N/AICD10_04 Description: Endocrine, nutritional and metabolic diseases Response options: 0 = No1 = YesVariables used: ph201_05, ph201_08, ph301_15a ICD10_05 Description: Mental and behaviour disorders Response options: 0 = No1 = YesVariables used: ph301_07, ph301_08, ph301_08a, ph301_09, ph301_10, ph301_11

ICD10_03

ICD10_06 Description: Diseases of the nervous system Response options: 0 = No1 = YesVariables used: ph201_07, ph301_06 ICD10_07 Description: Diseases of the eye and adnexa Response options: 0 = No1 = YesVariables used: ph105_01 - ph105_95 ICD10_08 Description: Diseases of the ear and mastoid process Response options:

0 = No

1 = Yes

N/A

Variables used:

ICD	110	09
\mathbf{L}	IJΨ	リソ

Description: Diseases of the circulatory system

Response options:

0 = No

1 = Yes

Variables used:

 $ph201_01, ph201_02, ph201_03, ph201_04, ph201_06, ph201_09, ph201_10, ph201_11, ph201_95, ph301_13$

ICD10_10

Description: Diseases of the respiratory system

Response options:

0 = No

1 = Yes

Variables used:

ph301_01, ph301_02

ICD10_11

Description: Diseases of the digestive system

Response options:

0 = No

1 = Yes

Variables used:

ph301_12, ph301_14

ICD10_12 Description: Diseases of the skin and subcutaneous tissue Response options: 0 = No1 = YesVariables used: N/A ICD10_13 Description: Diseases of the muscloskeletal system and connective tissue Response options: 0 = No1 = YesVariables used: ph301_03, ph301_04 ICD10_14 Description: Diseases of the genitourinary system Response options:

0 = No

1 = Yes

N/A

Variables used:

Description: Conditions originating in the perinatal period Response options: 0 = No1 = YesVariables used: N/AICD10_16 Description: Congenital malformations, deformations and chromosomal abnormalities Response options: 0 = No1 = YesVariables used: N/A**SCR** section Screening tests **SCRflu** Description: Indicator of whether respondent has ever had a flu vaccination. Notes: Recode of ph701 0 = No1 = Yes

ICD10_15

Variables used:

Ph701

SCRchol
Description: Indicator of whether respondent has ever had a cholesterol test.
Notes: Recode of ph702
0 = No
1 = Yes
Variables used:
Ph702
SCRprostate
Description: Indicator of whether respondent has ever had prostate cancer.
Notes: Recode of ph711 and ph710. Respondents who have had either had a prostate screen test for cancer or a PSA blood test are included.
0 = No
1 = Yes
Variables used:
Ph710, ph711
SCRbreastlumps
Description: Indicator of whether respondent checks their breasts regularly for lumps
Notes: Recode of ph708
0 = No
1 = Yes
Variables used:
Ph708

SCRmammogram

Description: Indicator of whether respondent has ever had a mammogram.

Notes: Recode of ph709.

0 = No

1 = Yes

Variables used:

Ph709

IPAQ

Derived results from the IPAQ questionnaire

minswalking

Description: Number of minutes spent walking by respondent over past 7 days

Notes: Respondents are asked to record hours and minutes of time spent walking in the last 7 days. Hours are multiplied by 60 to generate overall minute count.

Includes any walking from place to place that lasted for 10 minutes or more.

Variables used:

bh106, bh106a

minsmoderate

Description: Number of minutes spent doing moderate physical activities by respondent in past 7 days

Notes: Respondents are asked to record hours and minutes of time spent doing moderate physical activities in the last 7 days. Hours are multiplied by 60 to generate overall minute count.

Moderate activity examples are carrying light loads, bicycling at a regular pace. Walking is not included

Variables used:

bh104, bh104a

minsvigorous

Description: Number of minutes spent doing vigorous physical activities by respondent in past 7 days

Notes: Respondents are asked to record hours and minutes of time spent doing vigorous physical activities in the last 7 days. Hours are multiplied by 60 to generate overall minute count.

Physical activity examples are heavy lifting, digging, aerobics or fast bicycling. Includes any vigorous activity that lasted for 10 minutes or more.

Variables used:

bh102, bh102a

walkingmet

Description: Met minutes spent walking by respondent over past 7 days

Notes: Amount of time walking (bh106, bh106a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh105). This result is multiplied by 3.3.

Variables used:

bh105, bh106, bh106a

moderatemet

Description: Met minutes spent doing moderate physical activities by respondent in past 7 days

Notes: Amount of time spent on moderate activities (bh104, bh104a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh103). This result is multiplied by 4.0.

Variables used:

bh103, bh104, bh104a

vigorousmet

Description: Met minutes spent doing vigorous physical activities by respondent in past 7 days

Notes: Amount of time spent on vigorous activities (bh102, bh102a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh101). This result is multiplied by 8.0.

Variables used:

bh101, bh102, bh102a

IPAQmetminutes

Description: Total met (metabolic equivalent) minutes spent on vigorous activities, moderate activities and walking by the respondent in the past 7 days.

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180.

Variables used:

bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

Further information:

http://www.institutferran.org/documentos/scoring short ipaq april04.pdf

IPAQexercise3

Description: Categories of how much physical activity the respondent has engaged in.

Categories -

0 = Low

1 = Moderate

2 = High

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180.

Scores are categorised as follows:

Moderate activity:

- Respondents who have spent 3 or more days doing 20 minutes of vigorous activity.
- Respondents who have spent 30 minutes or more walking and in moderate exercise for at least 5 days.
- Respondents who have 5 or more days of any activity totalling more than 600 met minutes.

High Activity:

- Respondents who have spent 3 or more days on vigorous activity totalling 1500 or more met minutes.
- Respondents who have spent 7 or more days on all activities totalling more than 3000 met minutes.

Low activity:

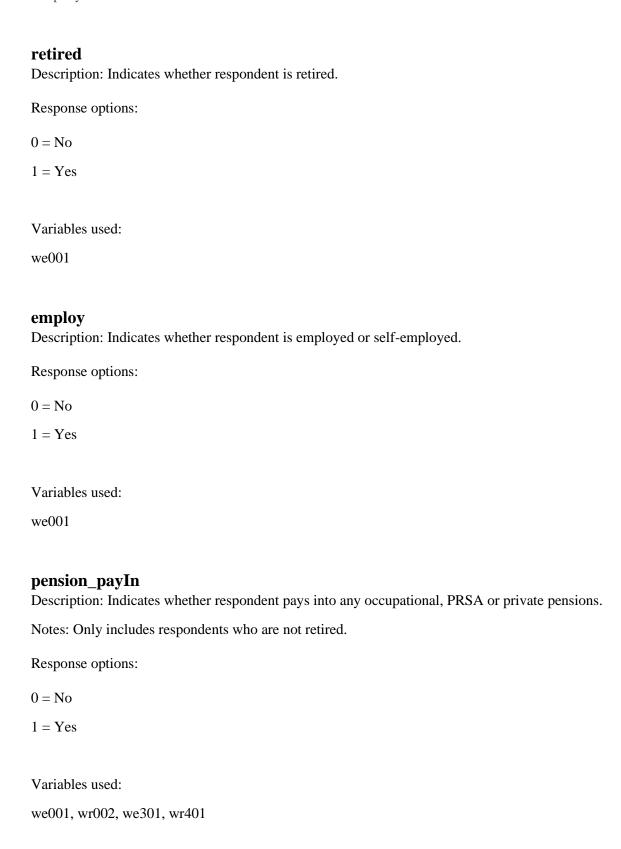
• Respondents who have answered the questions but do not meet the criteria for either the moderate or high activity categories.

Variables used:

bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

Employment

Employment Status and Pensions



pension_receive

Description: Indicates whether respondent receives any pension payments – occupational, spousal, PSRA or private pension.

Response options:
0 = No
1 = Yes
Variables used:

si101, si201

Imputed Assets and Income

Imputed data from the Gateway to Global Aging Data repository

G2Gh2atoth

Description: Net value of house/primary residence.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

hw108, hw108a, hw113

G2Gh2aftoth

Description: Imputation flag for net value of house/primary residence

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

hw108, hw108a, hw113

G2Gh2atotf

Description: Non-housing financial wealth.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

as103, as104, as101, as118, as116

G2Gh2aftotf

Description: Imputation flag for non-housing financial wealth.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

as103, as104, as101, as118, as116

G2Gh2atotb

Description: Total all assets including second home.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

as
111, as 120, as 108, as 103, as 104, as 101, as 118, as 112, as 113, as 116, wr
311, wr 412, hw 108, hw 108a, hw 113

G2Gh2aftotb

Description: Imputation flag for total all assets including second home.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

as111, as120, as108, as103, as104, as101, as118, as112, as113, as116, wr311, wr412, hw108, hw108a, hw113

G2Gh2icap

Description: Total capital income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

we207, we208, we209, we215, we315, we316, we305, we305_u1, hw107, as110, as115

G2Gh2ifcap

Description: Imputation flag for total capital income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

we207, we208, we209, we215, we315, we316, we305, we305_u1, hw107, as110, as115

G2Gr2ipubpen

Description: Respondent's public pensions.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

si303, si305, si307, si309, si311, si315, si317

G2Gr2ifpubpen

Description: Imputation flag for respondent's public pensions.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

si303, si305, si307, si309, si311, si315, si317

G2Gs2ipubpen

Description: Spouse's public pensions.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

si303, si305, si307, si309, si311, si315, si317

G2Gs2ipubpen

Description: Imputation flag for spouse's public pensions.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

si303, si305, si307, si309, si311, si315, si317

G2Gh2itot

Description: Total couple level income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

we114, we130, we131, we207, we208, we209, we215, we315, we305, we305_u1, hw107, as110, as115, si109, si207, si112, si210, si402, si303, si305, si307, si309, si311, si315, si317, we314, we313, si329, si327, si325, si325e, si325e, si325c, si325b, si323, si321, si319, si313

G2Gh2iftot

Description: Imputation flag for total couple level income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value

2 = Closed range bracket

3= Open range bracket

5 = No value/bracket

6 = No income

7 = Don't know

Variables used:

we130, we146, we147, we148, we207, we208, we215, we315, we305, hw107, as110, as102, as105, as115, si109, si207, si112, si210, si402, si303, si305, si307, si309, si311, si315, si317, we314, we313, si329, si327, si325, si325e, si325d, si325c, si325b, si323, si321, si319, si313

Social Participation

SOCpaliveW2

Description: Indicates whether or not respondent has any living parents

Response Options

0 = None 1 = One Parent Alive
2 = Both
Variables used
tp001, tp007
SOCsocParticip Description: Indicator of a whether or not respondents are in social groups
Response Options
0 = No
1 = Yes
Variables used
cn001
SOCChurch Description: Whether or not a respondent attends religious services
Response Options
0 = No
1 = Yes
Variables used
dm021
SOCClubs Description: Whether or not a respondent is involved in an organisation other than a Church
Response Option
0 = No

Variables used

cn001

SOCrelFriends

Description: Count of close relatives or friends

Variables used

cn002, cn003, cn004

SOCcloseTies

Description: Whether respondent has at least 2 close friends or relatives

Response Options

0 = No

1 = Yes

Variables used

cn002, cn003, cn004

SOCsocnet

Description: Social Connectedness Score

Variables USed

cn001, cn002, cn003, cn004, cn006, dm021